# Families First Institute Class Schedule Fall 2019 – Spring 2020



### Free classes for families

Supporting family well-being, strong relationships between parents and their children, and ongoing learning and development for both.



For more information contact
Your Family Advocate, or,
Jack Baker, 953-5507 Ext. 1127
Email, jbaker@childrenfirst.net
Or visit www.childrenfirst.net



Para más información contacte a: (941) 953-3877
Por favor visítanos a www.childrenfirst.net;
Completar la información en la forma para registrarse a las clases
y envíe su forma completa al número de Fax (941) 954-8087
Email jbaker@childrenfirst.net

### Career Readiness for Women

North Port: Fall 2019, Mondays

October 21 to December 9, 2019

Time: 6:00 p.m. to 8:00 p.m. Place: 6926 Children Way

North Port, FL 34287

(Dinner and Childcare Provided)

Sarasota: Spring 2020, Mondays

March 30 to May 18, 2020 Time: 6:00 p.m. to 8:00 p.m. Place: 1723 North Orange Ave.

Sarasota, FL 34234

(Dinner and Childcare Provided)

Career Readiness helps women explore and develop career readiness skills. The class works for women who are re-entering the work place, interested in getting a better position, changing careers, or improving professional skills. Volunteer mentors take the class side by side with students.

# Positive Solutions for Families

Sarasota: Fall 2019, Mondays

October 21 to December 9, 2019

Time: 6:00 p.m. to 8:00 p.m.

Place: 1723 North Orange Ave.

Sarasota, FL 34234

(Dinner and Childcare Provided)

#### North Port: Spring 2020, Mondays

March 30 to May 18, 2020 Time: 6:00 p.m. to 8:00 p.m. Place: 6926 Children Way, North Port. FL 34287

((Dinner and Childcare Provided)

# Calendar-based Budgeting

Sarasota: Winter 2020, Mondays

January 27 to March 23, 2020 Time: 6:00 p.m. to 8:00 p.m. Place: 1723 North Orange Ave.

Sarasota, FL 34234

(Dinner and Childcare Provided)

#### North Port: Winter 2020, Mondays

January 27 to March 23, 2020 Time: 6:00 p.m. to 8:00 p.m. Place: 6926 Children Way,

North Port, FL 34287

(Dinner and Childcare Provided)

Overcome fears to finance and budgeting, gain confidence, identify spending leaks, learn to track income and expenses, and use a money management calendar or app all with the help of in-class finance and budget mentors.

## Kinship Care Support Groups

For Grandparents Raising Grandchildren and other relative caregivers

#### Sarasota:

Second Tuesday of each month

Time: 6:00 p.m. to 8:00 p.m.

Place: 1723 North Orange Avenue,

Sarasota, FL 34234

(Dinner and Childcare Provided)

#### **North Port:**

Third Tuesday of each month Time: 6:00 p.m. to 8:00 p.m. Place: 6926 Children Way,

North Port, FL 34287

(Childcare Provided)

#### **Fall Nurturing Dads Classes**

(Childcare and Refreshments Provided)

Be the Best Dad You Can Be 2035 dad grads and counting

**Sarasota:** Wednesdays, 6:00-8:30PM October 2 to December 11, 2019

Place: 1723 North Orange Ave.

Sarasota, FL 34232

North Port: Thursdays, 6:00-8:30PM

October 3 to December 12, 2019

Place: 6926 Children Way

North Port, FL 34287

#### Daddy 101 Sarasota 9:00 AM – 12 Noon

Dates: Saturday July 20, 2019 Saturday September 21, 2019 Saturday November 9, 2019 Saturday January 18, 2020

Saturday March 21, 2020 Saturday May 16, 2020

Place: Waldemere Medical Plaza,

1921 Waldemere Street,

Sarasota, FL 34239 (Look for signs!)

Register online

http://babies.smh.com/PB\_Welcome.asp

Or call SNMHBABIES Program 917-1700

#### **ESOL**

**Sarasota:** Tuesdays, 6:00-7:30PM *Fall*: October 1 to December 17, 2019

Winter. January 14 to March 10, 2020

Spring: March 24 to May 26, 2020

Place: 1723 North Orange Ave.

Sarasota, FL 34234

La comida y el cuidado de niños incluida.

¡Bienvenidos! – no se discrimina por edad, nivel económico o estado legal.

#### **Pre-registration**

I am interested in the following classes:
□ Career Readiness for Women □ North Port □ Sarasota
□ Calendar-Based Budgeting □ North Port □ Sarasota
☐ Kinship Care Support Groups ☐ North Port ☐ Sarasota
□ Nurturing Dads Class □ North Port □ Sarasota
□ Daddy 101
□ESOL
Name:
Address:
Best Phone:

|--|

Site my child is attending:

Please tear off and return to your child's teacher, family advocate, front desk, or email jbaker@childrenfirst.net.



### Children First Families First Institute Comments from our students



### Career Readiness for Women Class

I appreciated the tremendous information about resources available in the community. Just about anyone can benefit from this class, especially single women and women in transition.

### <u>Calendar-based</u> Budgeting

I love that, whoever you sat with, you got great information. I feel more confident about my finances and taking control of my life. The work of finding our spending leaks. I stopped those leaks and now I am saving more.

### **Nurturing Dads Class**

I had high expectations and they were fully met. The facilitator made the class very enjoyable. Thank you. You really have opened my eyes to so (many) fathering techniques. The course is the perfect way of introducing new dads to 21st century parenting.

# Positive Solutions for Families

Hearing other parent's situations helped me be more patient. I was given a lot of ways to handle both kids I have that have behavior issues. I've learned and have put into practice not to react but to step back and make a better response.



### Kinship Care Support Groups

Life-saving. Very valuable and necessary. I'm so glad I found the group. It really helped me a lot over the years with attitude and learning. No one can relate to me better than someone from this group.