

# Families First Institute

## Class Schedule Fall 2018 – Spring 2019



### *Free classes for families*

*Supporting family well-being, strong relationships between parents and their children, and ongoing learning and development for both.*



For more information contact  
Your Family Advocate, or,  
Jack Baker, 953-5507 Ext. 1127  
Email, [jbaker@childrenfirst.net](mailto:jbaker@childrenfirst.net)  
Or visit [www.childrenfirst.net](http://www.childrenfirst.net)

HEAD START



Program of  
Excellence

Para más información contacte a: (941) 953-3877  
Por favor visítanos a [www.childrenfirst.net](http://www.childrenfirst.net);  
Completar la información en la forma para registrarse a las clases  
y envíe su forma completa al número de Fax (941) 954-8087  
Email [jbaker@childrenfirst.net](mailto:jbaker@childrenfirst.net)

## Career Readiness for Women

### North Port: Fall 2018, Mondays

September 24 to November 12, 2018

Time: 6:00 p.m. to 8:00 p.m.

Place: 6926 Children Way

North Port, FL 34287

*(Dinner and Childcare Provided)*

### Sarasota: Spring 2019, Mondays

April 1 to May 20, 2019

Time: 6:00 p.m. to 8:00 p.m.

Place: 1723 North Orange Ave.

Sarasota, FL 34234

*(Dinner and Childcare Provided)*

**Career Readiness helps women explore and develop career readiness skills. The class works for women who are re-entering the work place, interested in getting a better position, changing careers, or improving professional skills. Volunteer mentors take the class side by side with students.**

## Calendar-based Budgeting

### Sarasota: Winter 2019, Mondays

January 28 to March 25, 2019

Time: 6:00 p.m. to 8:00 p.m.

Place: 1723 North Orange Ave.

Sarasota, FL 34234

*(Dinner and Childcare Provided)*

### North Port: Winter 2019, Mondays

January 28 to March 25, 2019

Time: 6:00 p.m. to 8:00 p.m.

Place: 6926 Children Way,

North Port, FL 34287

*(Dinner and Childcare Provided)*

**Overcome fears to finance and budgeting, gain confidence, identify spending leaks, learn to track income and expenses, and use a money management calendar or app all with the help of in-class finance and budget mentors.**

## Positive Solutions for Families

### Sarasota: Fall 2018, Mondays

September 24 to November 12, 2018

Time: 6:00 p.m. to 8:00 p.m.

Place: 1723 North Orange Ave.

Sarasota, FL 34234

*(Dinner and Childcare Provided)*

### North Port: Spring 2019, Tuesdays

April 2 to May 21, 2019

Time: 6:00 p.m. to 8:00 p.m.

Place: 6926 Children Way,

North Port, FL 34287

*((Dinner and Childcare Provided)*

## Kinship Care Support Groups

**For Grandparents Raising Grandchildren  
and other relative caregivers**

### Sarasota:

Third Monday of each month

Time: 6:00 p.m. to 8:00 p.m.

Place: 1723 North Orange Avenue,

Sarasota, FL 34234

*(Dinner and Childcare Provided)*

### North Port:

Third Tuesday of each month

Time: 6:30 p.m. to 8:30 p.m.

Place: 6926 Children Way,

North Port, FL 34287

*(Childcare Provided)*

## Fall Nurturing Dads Classes

(Childcare and Refreshments Provided)

***Be the Best Dad You Can Be  
Over 1960 dad grads and counting***

**Sarasota:** Wednesdays, 6:00-8:30PM  
October 3 to December 12, 2018  
Place: 1723 North Orange Ave.  
Sarasota, FL 34232

**North Port:** Thursdays, 6:00-8:30PM  
October 4 to December 13, 2018  
Place: 6926 Children Way  
North Port, FL 34287

## Daddy 101

### **Sarasota: 9:00 AM – 12 Noon**

Dates: Saturday, September 15, 2018  
Saturday, November 10, 2018  
Saturday, January 19, 2019  
Saturday, March 16, 2019  
Saturday, May 18, 2019

Place: Waldemere Medical Plaza,  
1921 Waldemere Street,  
Sarasota, FL 34239 (Look for signs!)

Register online

[http://babies.smh.com/PB\\_Welcome.asp](http://babies.smh.com/PB_Welcome.asp)

Or call SNMHBABIES Program 917-1700

## ESOL

**Sarasota:** Tuesdays, 6:00-7:30PM

*Fall:* October 2 to December 11, 2018

*Winter:* January 8 – March 12, 2019

*Spring:* March 26 – May 21, 2019

Place: 1723 North Orange Ave.

Sarasota, FL 34234

*La comida y el cuidado de niños incluida.*

**¡Bienvenidos! – no se discrimina por edad, nivel económico o estado legal.**

## Pre-registration

***I am interested in the following classes:***

- Career Readiness for Women**
  - North Port
  - Sarasota
- Calendar-Based Budgeting**
  - North Port
  - Sarasota
- Kinship Care Support Groups**
  - North Port
  - Sarasota
- Nurturing Dads Class**
  - North Port
  - Sarasota

**Daddy 101**

**ESOL**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Best Phone:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_  
\_\_\_\_\_

**Site my child is attending:** \_\_\_\_\_  
\_\_\_\_\_

***Please tear off and return to your child's teacher, family advocate, front desk, or email  
jbaker@childrenfirst.net.***



# Children First Families First Institute Comments from our students



## Career Readiness for Women Class

*I appreciated the tremendous information about resources available in the community. Just about anyone can benefit from this class, especially single women and women in transition.*

## Calendar-based Budgeting

*I love that, whoever you sat with, you got great information. I feel more confident about my finances and taking control of my life. The work of finding our spending leaks. I stopped those leaks and now I am saving more.*

## Nurturing Dads Class

*I had high expectations and they were fully met. The facilitator made the class very enjoyable. Thank you. You really have opened my eyes to so (many) fathering techniques. The course is the perfect way of introducing new dads to 21st century parenting.*

## Positive Solutions for Families

*Hearing other parent's situations helped me be more patient. I was given a lot of ways to handle both kids I have that have behavior issues. I've learned and have put into practice not to react but to step back and make a better response.*

thank



you

for helping  
my dad, and  
all the other  
dads. My dad  
has improved  
alot.

Serra Mon

## Kinship Care Support Groups

*Life-saving. Very valuable and necessary. I'm so glad I found the group. It really helped me a lot over the years with attitude and learning. No one can relate to me better than someone from this group.*



# Families First Institute Pre-registration



*Please Print Clearly*

Name: \_\_\_\_\_

Best Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

*I am interested in the following classes:*

**Positive Solutions for Families**  
    \_\_North Port      \_\_Sarasota

**Career Readiness for Women**  
    \_\_North Port      \_\_Sarasota

**Calendar-Based Budgeting**  
    \_\_North Port      \_\_Sarasota

**Kinship Care Support Groups**  
    \_\_North Port      \_\_Sarasota

**Nurturing Dads Class**  
    \_\_North Port      \_\_Sarasota

**Daddy 101**

**ESOL**

