

Families First Institute

Class Schedule Fall 2017 – Spring 2018



Free classes for families

Supporting family well-being, strong relationships between parents and their children, and ongoing learning and development for both.



For more information contact
Jack Baker: 941-953-5507 Ext. 127
Email: jbaker@childrenfirst.net
Or visit www.childrenfirst.net

HEAD START



Program of
Excellence

Para más información contacte a: (941) 953-3877
Por favor visítanos a www.childrenfirst.net;
Completar la información en la forma para registrarse a las clases
y envíe su forma completa al número de Fax (941) 954-8087
Email jbaker@childrenfirst.net

Career Readiness for Women

North Port: Mondays,
September 25 to November 13, 2017

Time: 6:00 p.m. to 8:00 p.m.

Place: 6926 Children Way

North Port, FL 34287

(Dinner and Childcare Provided)

Sarasota: Mondays,
April 2 to May 21, 2018

Time: 6:00 p.m. to 8:00 p.m.

Place: 1723 North Orange Ave.

Sarasota, FL 34234

(Dinner and Childcare Provided)

Career Readiness helps women explore and develop career readiness skills. The class is for women who are re-entering the work place, interested in getting a better position, changing careers, or improving professional skills. Volunteer mentors take the class side by side with students.

Calendar-based Budgeting

Sarasota: Mondays,
January 22 to March 19, 2018

Time: 6:00 p.m. to 8:00 p.m.

Place: 1723 North Orange Ave.

Sarasota, FL 34234

(Dinner and Childcare Provided)

North Port: Mondays,
January 22 to March 19, 2018

Time: 6:00 p.m. to 8:00 p.m.

Place: 6926 Children Way

North Port, FL 34287

(Dinner and Childcare Provided)

Overcome fears to finance and budgeting, gain confidence, identify spending leaks, learn to track income and expenses, and use a money management calendar or app, all with the help of in-class finance and budget mentors.

ESOL: English for Speakers of Other Languages

Sarasota: Tuesdays,

Fall:

September 12 to December 12, 2017

Winter:

January 16 – March 20, 2018

Spring:

April 3 – May 22, 2018

Time: 6:00 p.m. to 7:30 p.m.

Place: 1723 North Orange Ave.

Sarasota, FL 34234

(Dinner and Childcare Provided)

***Presented in partnership with the
Literacy Council of Sarasota County***

Kinship Care Support Groups

For Grandparents Raising Grandchildren
and Other Relative Caregivers

Sarasota:

Second Tuesday of each month

Time: 6:00 p.m. to 8:00 p.m.

Place: 1723 North Orange Avenue

Sarasota, FL 34234

(Dinner and Childcare Provided)

North Port:

Third Tuesday of each month

Time: 6:00 p.m. to 8:00 p.m.

Place: 6926 Children Way

North Port, FL 34287

(Dinner and Childcare Provided)

***Presented in Partnership with the
Area Agency on Aging of Southwest Florida***

Positive Solutions for Families

Sarasota: Mondays
September 25 to November 13, 2017

Time: 6:00 p.m. to 8:30 p.m.
Place: 1723 North Orange Ave.
Sarasota, FL 34234

(Dinner and Childcare Provided)

**Presented in partnership with
The Florida Center for Early Education**

Nurturing Dads Class

(Childcare and Refreshments Provided)

Be the Best Dad You Can Be
1925 dad grads and counting

Sarasota: Wednesdays
October 4 to December 13, 2017

Time: 6:00 p.m. to 8:30 p.m.
Place: 1723 North Orange Ave,
Sarasota, FL 34234

North Port: Thursdays
October 5 to December 14, 2017

Time: 6:00 p.m. to 8:00 p.m.
Place: 6926 Children Way
North Port, FL 34287

Daddy 101: Sarasota:

Third Saturday Every Other Month
July 15, September 16, Nov. 11 (2nd Sat.)
January 20, March 17, May 19, 2018

Time: 9:00 a.m. to 12:00 p.m.
Place: Waldemere Medical Plaza
1921 Waldemere Street
Sarasota, FL 34239 (Look for signs!)

Register online

http://babies.smh.com/PB_Welcome.asp
Or, call SMH Childbirth Education 917-1700

**Presented in partnership with Sarasota
Memorial Hospital Childbirth Education**

Pre-registration

**I am interested in the following
classes:**

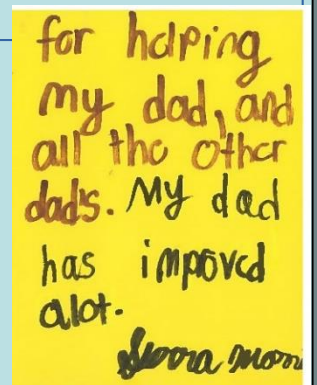
- Positive Solutions for Families**
__North Port __Sarasota
- Career Readiness for Women**
__North Port __Sarasota
- Calendar-Based Budgeting**
__North Port __Sarasota
- Kinship Care Support Groups**
__North Port __Sarasota
- Nurturing Dads Class**
__North Port __Sarasota
- Daddy 101**
- ESOL**

Name: _____

Best Phone: _____

Email Address: _____

**Please tear off and return; or,
Email jbaker@childrenfirst.net.**





Children First Families First Institute Comments from our Students



Career Readiness for Women Class

I appreciated the tremendous information about resources available in the community. Just about anyone can benefit from this class, especially single women and women in transition.

Calendar-based Budgeting

I love that, whoever you sat with, you got great information. I feel more confident about my finances and taking control of my life. The work of finding our spending leaks -- I stopped those leaks and now I am saving more.

Nurturing Dads Class

I had high expectations and they were fully met. The facilitator made the class very enjoyable. Thank you. You really have opened my eyes to so (many) fathering techniques.

Parenting Classes

Hearing other parent's situations helped me be more patient. I was given a lot of ways to handle both kids I have that have behavior issues. I've learned and have put into practice not to react but to step back and make a better response.

Daddy 101

Real world advice from Dads - gives examples on what to expect before, during, and after the baby. The dads with babies are extremely helpful. Understanding needs of baby AND partner: it takes a lot of the fear away of having a baby and makes you more confident.

Kinship Care Support Groups

Life-saving. Very valuable and necessary. I'm so glad I found the group. It really helped me a lot over the years with attitude and learning. No one can relate to me better than someone from this group.