

Families First Institute

Class Schedule Fall 2016 – Spring 2017



Free classes for families

Supporting family well-being, strong relationships between parents and their children, and ongoing learning and development for both.



For more information contact:
Jack Baker, 941-953-5507 Ext. 127
Email, jbaker@childrenfirst.net
Or visit www.childrenfirst.net

HEAD START



Program of
Excellence

Para más información contacte a: (941) 953-3877
Por favor visítanos a www.childrenfirst.net;
Completar la información en la forma para registrarse a las clases
y envíe su forma completa al número de Fax (941) 954-8087
Email jbaker@childrenfirst.net

Career Readiness for Women

North Port: Mondays, 6pm – 7pm

September 19 – November 14, 2016

Place: 6926 Children Way
North Port, FL 34287
(*Dinner and Childcare Provided*)

Sarasota: Mondays, 6pm – 7pm

February 27 – April 17, 2017

Place: 1723 North Orange Ave,
Sarasota, FL 34234
(*Dinner and Childcare Provided*)

Career Readiness helps women explore and develop career readiness skills. The class works for women who are re-entering the work place, interested in getting a better position, changing careers, or improving professional skills. Volunteer mentors take the class side by side with students.

Calendar-based Budgeting

Sarasota: Mondays, 6pm – 8pm

October 17 – December 5, 2016
(*None on October 31*)

Place: 1723 North Orange Ave,
Sarasota, FL 34234

(*Dinner and Childcare Provided*)

North Port: Mondays, 6pm – 8pm

January 23 – March 13, 2017

Place: 6926 Children Way,
North Port, FL 34287

(*Dinner and Childcare Provided*)

Overcome fears to finance and budgeting, gain confidence, identify spending leaks, learn to track income and expenses, and use a money management calendar or app all with the help of in-class finance and budget mentors.

ESOL

(English as a Second Language)

Sarasota: Tuesdays, 6pm – 7pm

Fall:

October 4 – December 6, 2016

Winter:

January 4 – March 7, 2017

Spring:

March 21 – May 16, 2017

Place: 1723 North Orange Ave,
Sarasota, FL 34234

(*Dinner and Childcare Provided*)

Kinship Care Support Groups

For Grandparents Raising Grandchildren
And other relative caregivers

Sarasota:

Second Monday of each month

Time: 6 pm – 8 pm

Place: 1723 North Orange Avenue,
Sarasota, FL 34234

(*Dinner and Childcare Provided*)

North Port:

Third Tuesday of each month

Time: 6:30 pm – 8:30 pm

Place: 6926 Children Way,
North Port, FL 34287

(*Childcare Provided*)

Nurturing Dads Class

(Childcare and Refreshments Provided)

***Be the Best Dad You Can Be
Over 1850 dad grads and counting***

Sarasota: Wednesdays, 6pm – 8pm

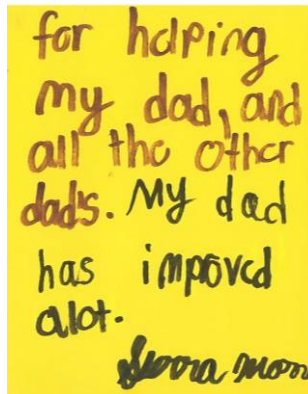
September 28 to December 7, 2016

Place: 1723 North Orange Ave,
Sarasota, FL 34232

North Port: Thursdays, 6pm – 8 pm

September 29 to December 8, 2016

Place: 6926 Children Way
North Port, FL 34287



Boot Camp for New Dads

Sarasota: 10 am – 1 pm

Dates: Saturday, September 17, 2016

Saturday, November 19, 2016

Saturday, January 21, 2017

Saturday, March 18, 2017

Saturday, May 20, 2017

Place: Waldemere Medical Plaza,
1921 Waldemere Street,
Sarasota, FL 34239 (Look for signs)

Register online

http://babies.smh.com/PB_Welcome.asp

Or call SNMHBABIES Program 917-1700

Registration

I am interested in the following classes:

- Career Readiness for Women**
 - North Port
 - Sarasota
- Calendar-Based Budgeting**
 - North Port
 - Sarasota
- Kinship Care Support Groups**
 - North Port
 - Sarasota
- Nurturing Dads Class**
 - North Port
 - Sarasota

Boot Camp for New Dads

ESOL

Name: _____

Address: _____

Best Phone: _____

Email Address: _____

Site my child is attending: _____

***Please tear off and return to your
child's teacher, family advocate,
front desk, or email
jbaker@childrenfirst.net.***



Children First Families First Institute

Comments from our students



Career Readiness for Women Class

I appreciated the tremendous information about resources available in the community. Just about anyone can benefit from this class, especially single women and women in transition.

Calendar-based Budgeting

I love that, whoever you sat with, you got great information. I feel more confident about my finances and taking control of my life. The work of finding our spending leaks. I stopped those leaks and now I am saving more.

Nurturing Dads Class

I had high expectations and they were fully met. The facilitator made the class very enjoyable. Thank you. You really have opened my eyes to so (many) fathering techniques.

Parenting Classes

Hearing other parent's situations helped me be more patient. I was given a lot of ways to handle both kids I have that have behavior issues. I've learned and have put into practice not to react but to step back and make a better response.

Boot Camp for New Dads

Real world advice from Dads - gives examples on what to expect before, during, and after the baby. The dads with babies are extremely helpful. Understanding needs of baby AND partner: it takes a lot of the fear away of having a baby and makes you more confident.

Kinship Care Support Groups

Life-saving. Very valuable and necessary. I'm so glad I found the group. It really helped me a lot over the years with attitude and learning. No one can relate to me better than someone from this group.